

Project Adventure Physical Education and Fitness Curriculum – Alignment with California Standards

Grade Level	Overarching Standard 1	Overarching Standard 2	Overarching Standard 3	Overarching Standard 4	Overarching Standard 5
K	1.1 – 1.3 1.10, 1.11	2.2, 2.5	3.1, 3.2, 3.5, 3.6	4.1, 4.5	5.1 – 5.5
1	1.1, 1.2, 1.5, 1.9, 1.13, 1.14	2.1, 2.2, 2.4	3.1, 3.2, 3.6, 3.7	4.1	5.1 – 5.6
2	1.1, 1.6, 1.9, 1.10, 1.16		3.1, 3.2, 3.6		5.1 – 5.7
3	1.1	2.1	3.1, 3.7		5.3 – 5.6
4	1.2, 1.3		3.3, 3.7, 3.6		5.3 – 5.6
5		2.3, 2.4	3.3, 3.7		5.3 – 5.8
6	1.6, 1.9, 1.10	2.5	3.1 – 3.6	4.1 – 4.7	5.1 – 5.5
7	1.3 – 1.6	2.2	3.1 – 3.6	4.1 – 4.8	5.1 – 5.5
8	1.4	2.1, 2.4	3.1 – 3.6	4.1 – 4.6	5.1 – 5.7
High School	High School Overarching Standard 1	High School Overarching Standard 2	High School Overarching Standard 3		
Course One	1.1, 1.6, 1.10 - 1.12	2.1 – 2.11	3.1 – 3.10		
Course Two	1.1, 1.3, 1.6, 1.7, 1.9, 1.10, 1.11, 1.12	2.1 – 2.11	3.1 – 3.9		
Elective 3A Adventure Outdoor	1.1 – 1.6	2.1 – 2.4	3.1 – 3.9		
Elective 4A Adventure Advanced & Outdoor Activities	1.1 – 1.4	2.1 – 2.2	3.1 – 3.3		